



PINEWOOD GYMNASTICS CLUB

CODE OF CONDUCT FOR GYMNASTS

- Gymnasts should arrive on time and dress suitably for their class.
- All long hair must be tied back.
- No jewellery is to be worn in the gym.
- Gymnasts must not climb on or use any equipment unless instructed to do so by a coach.
- Leave all valuables at home. The Club cannot be held responsible for the loss of such items.

All participants are expected to:

- Listen carefully to the instructions of the coach at all times.
- Maintain a good standard of behaviour at all times.
- Be polite and respectful of other gymnasts and coaches.
- Be patient; wait for your turn.
- Be considerate to others.
- Refrain from the use of bad language.
- Understand that bullying and harassment is not acceptable.
- Be good diplomats for Pinewood and gymnastics.
- Inform a coach if you feel unwell or are suffering from injury.
- Let a coach know when you are leaving the gym for any reason whatsoever.
- Remain with coaches at the end of the session until collected by a parent/guardian.
- Tell someone if anyone makes you unhappy.

All discipline matters or complaints should be directed to the Head Coach for that session.

Revised October 2010

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