



PINEWOOD GYMNASTICS CLUB
Patron: Svetlana Khorikina - Olympic Champion

CODE OF CONDUCT FOR GYMNASTS

- Gymnasts should arrive on time and dress suitably for their class.
- All long hair must be tied back.
- No jewellery is to be worn in the gym.
- Gymnasts must not climb on or use any equipment unless instructed to do so by a coach.

All participants are expected to:

- Listen carefully to the instructions of the coach at all times.
- Maintain a good standard of behaviour at all times.
- Be polite.
- Be patient; wait for your turn.
- Be considerate to others.
- Refrain from the use of bad language.
- Understand that bullying and harassment is not acceptable.
- Be good diplomats for Pinewood and gymnastics

All discipline matters or complaints should be directed to the Head Coach for that session.